

Certified Nursing Assistant

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Summary

Dependable certified nursing assistant with four years in long-term and post-acute care, comfortable supporting a 12-resident assignment with full ADL care, accurate vitals and intake-output, and prompt reporting of changes to the charge nurse.

Experience

Certified Nursing Assistant, Cedar Ridge Skilled Nursing Facility 2022 – Present
City, ST

- Provide complete ADL support, bathing, dressing, grooming, and toileting, for a 12-resident assignment on a 40-bed long-term-care wing.
- Record vitals, weights, and intake-output for the assignment each shift and flag abnormal readings to the charge nurse without delay.
- Perform safe two-person and mechanical-lift transfers, contributing to a wing with zero resident-handling injuries over the past year.
- Turn and reposition bed-bound residents on a two-hour schedule, supporting a measurable reduction in new pressure injuries on the wing.
- Answer call lights within a posted two-minute target and assist with ambulation and range-of-motion exercises throughout the shift.
- Document care in PointClickCare and give a clear end-of-shift report so the oncoming aide steps in without gaps.

Nursing Assistant, Post-Acute, Lakeside Rehabilitation Center 2021 – 2022
City, ST

- Supported short-stay rehab patients with early-mobility goals, escorting roughly 15 therapy hand-offs per day on schedule.
- Maintained accurate restorative-care logs that the therapy team used to track ambulation and transfer progress.
- Stocked linens and supplies and turned over discharge rooms quickly to keep the 30-bed unit at full occupancy.
- Earned perfect-attendance recognition across two quarters while covering open weekend shifts during staffing shortages.
- Assisted residents at mealtime and recorded percentages eaten, alerting the dietitian when intake dropped below the flagged threshold.
- Used gait belts and bedside fall precautions during therapy walks, supporting a quarter with no patient falls during transfers.

Education

State-Approved CNA Training Program 2021
Community Technical College — City, ST

Certifications & Licenses

State CNA Certification · BLS

Skills

Activities of daily living · Vital-sign measurement · Safe patient transfers · Repositioning and skin checks · Intake and output tracking · Ambulation assistance · Call-light response · Feeding assistance · Change reporting · PointClickCare documentation · Infection-control practice · Compassionate communication