

# Home Health Aide

(555) 010-0000 · you@example.com · City, ST · linkedin.com/in/your-name

## Summary

Compassionate home health aide with five years providing one-on-one in-home care for elderly and disabled clients, trusted to follow nurse-directed care plans, support mobility and personal care safely, and report changes that keep clients out of the hospital.

## Experience

**Home Health Aide, Comfort Home Care Agency** 2021 – Present

*City, ST*

- Provide in-home personal care for a rotating caseload of six clients, covering bathing, dressing, grooming, and toileting per each nurse-written care plan.
- Support safe transfers and ambulation using gait belts and walkers, maintaining a zero client-fall record across the assigned caseload.
- Take and log vitals and weights, give medication reminders, and report status changes to the supervising RN, helping avoid two hospital readmissions.
- Prepare meals to dietary restrictions and assist with feeding, tracking intake for diabetic and cardiac clients.
- Perform light housekeeping, laundry, and errands so clients remain safe and comfortable in their own homes.
- Documented each visit in the agency's electronic visit verification app on time, sustaining full Medicaid compliance across audits.

**Live-In Caregiver, Private Family Client** 2019 – 2021

*City, ST*

- Provided around-the-clock support for one client with advanced dementia, structuring daily routines that reduced sundowning agitation.
- Managed medication reminders and a weekly pill-organizer system in coordination with the family and pharmacy.
- Escorted the client to medical appointments and communicated provider instructions back to the family clearly.
- Recognized early signs of a urinary infection and prompted timely care that prevented a hospital admission.
- Maintained a daily log of meals, mood, and sleep that the visiting nurse used to adjust the care plan.
- Kept the home environment safe by clearing fall hazards and arranging frequently used items within easy reach.

## Education

**Home Health Aide Training Program** 2019

*Community Health Training Center — City, ST*

## Certifications & Licenses

HHA Certification · CPR/First Aid

## Skills

Personal care assistance · Mobility and transfer support · Vital-sign monitoring · Medication reminders-  
· Meal preparation · Care-plan adherence · Dementia and memory care · Light housekeeping · Change  
reporting · Electronic visit verification · Companionship and communication · Independent judgment