

Physical Therapist Assistant

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Summary

Licensed physical therapist assistant with five years in outpatient orthopedic and skilled-nursing settings, treating 12-plus patients a day under a PT's plan of care, skilled in therapeutic exercise, manual modalities, and gait training that moves patients toward functional goals.

Experience

Physical Therapist Assistant, Active Life Outpatient Therapy 2022 – Present
City, ST

- Treat 12 to 16 outpatient orthopedic patients a day under the supervising PT's plan of care, progressing therapeutic exercise and manual interventions.
- Deliver post-surgical rehab for total-knee and rotator-cuff patients, documenting measurable gains in range of motion and strength each visit.
- Apply modalities including ultrasound, electrical stimulation, and manual therapy within the established plan and patient tolerance.
- Advance gait and balance training that returned a caseload of fall-risk patients to independent ambulation at a documented high rate.
- Chart objective progress and patient response in the clinic EHR and report plateaus to the PT for plan-of-care updates.
- Educated patients on home-exercise programs, improving self-reported adherence and reducing missed functional milestones.

PTA, Skilled Nursing, Lakeside Rehabilitation Center 2020 – 2022
City, ST

- Provided post-acute rehab for short-stay residents recovering from joint replacement, stroke, and deconditioning.
- Used transfer training and assistive-device fitting to raise residents' functional independence-measure scores before discharge.
- Coordinated with occupational therapy and nursing on shared mobility goals at weekly rehab rounds.
- Documented minutes and progress to meet Medicare therapy-cap and billing requirements without rework.
- Set up and supervised therapeutic-exercise circuits for two to three residents at once while protecting safety.
- Recommended assistive devices and home-setup changes that supported safer discharges back to the community.

Education

Associate of Applied Science, Physical Therapist Assistant 2018 – 2020
Community Technical College — City, ST

Certifications & Licenses

State PTA License · BLS

Skills

Therapeutic exercise · Manual therapy · Therapeutic modalities · Gait and balance training-
· Post-surgical rehabilitation · Transfer and mobility training · Objective documentation · -
Patient education · Outcome measurement · Interdisciplinary coordination · Medicare therapy
documentation · Plan-of-care communication